

Glenwood Resource Center



Purpose

Glenwood Resource Center (GRC) is one of two State Resource Centers that provide a full range of active treatment and habilitation services to individuals with severe intellectual disabilities and it serves to prepare and support them to live safe and successful lives in the home and community of their choice.

Who Is Helped

Individuals who live at GRC have an intellectual or other developmental disability that require treatment and support at the level of care provided by an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID).

Today, and in the past 20 years, most individuals are admitted because of significant behavioral challenges or medical issues requiring intensive and complex active treatment.

In SFY15, seven individuals were admitted and 17 were discharged. At the end of SFY15, 238 individuals resided at GRC. Of these, 237 (99.6 percent) are voluntary and one was involuntarily committed by courts.

- One is a child 17 or younger.
- 203 are adults 18 to 64.
- 34 are adults 65 or older.

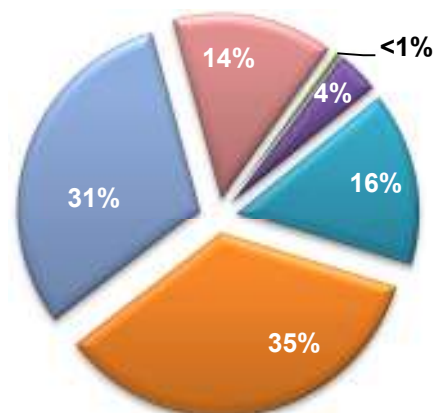
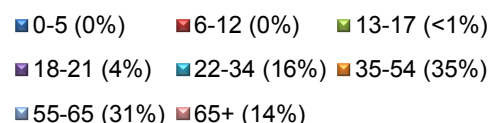
Of these individuals:

- 77 percent have a dual diagnosis of mental illness and intellectual disability.
- 81 percent have life-threatening eating and chewing disorders (dysphagia) that make it difficult to take in enough food and fluids.
- 64 percent are at high risk for sustaining injuries due to challenging behaviors.
- 63 percent have a seizure disorder.
- 35 percent are at high risk of food or liquid entering the airway and can get into the lungs, causing respiratory problems or infections, such as frequent bouts of pneumonia (i.e., aspiration).

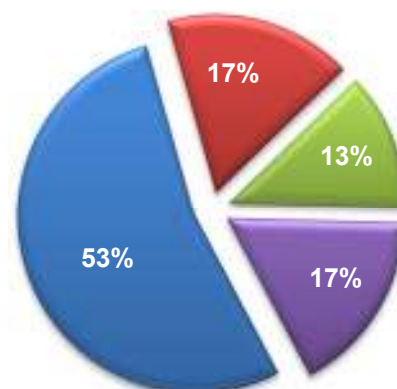
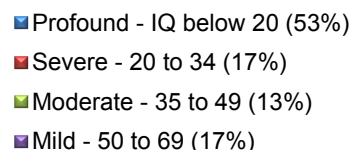
A typical individual has an intellectual disability and an additional co-occurring condition such as eating and chewing disorders (dysphagia), ingesting inedible objects (PICA), self-injurious or assaultive behaviors and other severe health and behavioral difficulties.

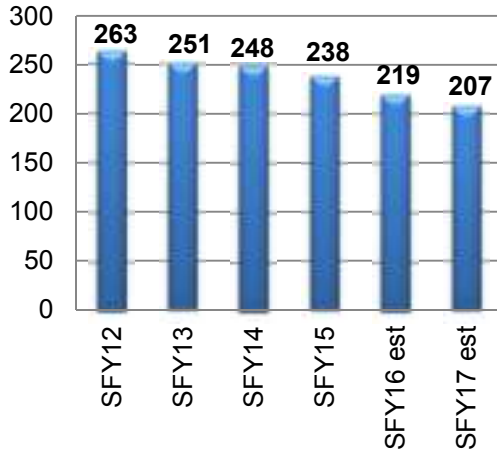
- ✓ *An individual is admitted after no community-based provider has been found that can meet the individual's service needs and if the Resource Center has the appropriate program and adequate capacity for the admission.*

GRC Individuals Served by Age SFY15 Year-End



Intellectual Functioning Level SFY15 Year-End



Services	<p>GRC maintains federal Medicaid certification as an Intermediate Care Facility for individuals with Intellectual Disabilities (ICF/ID).</p> <ul style="list-style-type: none">GRC provides active treatment and support services for individuals with intellectual disabilities.GRC actively prepares individuals to move into appropriate community-based living and to be contributing members of their community. <p>GRC Home & Community-Based Services (HCBS)</p> <ul style="list-style-type: none">GRC is also a Medicaid-funded Home and Community Based Services provider.In SFY15, GRC provided daily HCBS non-residential supported community services to 22 individuals at five locations in Glenwood.	<p>GRC ICF/ID Year-End Census</p>  <table><tr><th>SFY</th><th>Census</th></tr><tr><td>SFY12</td><td>263</td></tr><tr><td>SFY13</td><td>251</td></tr><tr><td>SFY14</td><td>248</td></tr><tr><td>SFY15</td><td>238</td></tr><tr><td>SFY16 est</td><td>219</td></tr><tr><td>SFY17 est</td><td>207</td></tr></table>	SFY	Census	SFY12	263	SFY13	251	SFY14	248	SFY15	238	SFY16 est	219	SFY17 est	207
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<ul style="list-style-type: none">✓ 68 percent (546 FTEs) of the staff are direct care, 12 percent (95 FTEs) are treatment professionals, 4.5 percent (36 FTEs) are maintenance, 8 percent (66 FTEs) are other support staff, and 7.5 percent (60.12 FTEs) are administrative.✓ In SFY16, 83.3 percent of the Glenwood Resource Center operating budget is for staffing costs and 16.7 percent is for support costs.✓ GRC has 238 operational beds and is the largest ICF/ID in the state.✓ Twelve tenants lease space and operate programs on the GRC campus.✓ GRC maintains 95 buildings and 231.48 acres on campus.																
Goals & Strategies	<p>Goal: Promote choice for people with disabilities.</p> <p>Strategy:</p> <ul style="list-style-type: none">Promote access to community-based options for persons with disabilities.Prepare and support individuals discharged from GRC to remain in the community.	<p>Results in SFY15:</p> <ul style="list-style-type: none">GRC had a net decrease in population of ten. In the past five years, GRC has reduced its population by 18 percent.48 percent of GRC individuals earned work wages through employment.100 percent of GRC discharged individuals remained in the community at least 180 days after discharge.														
Legal Basis	<p>Federal:</p> <ul style="list-style-type: none">Code of Federal Regulations, CFR 483.400 to 483.480The State Resource Center must comply with the Conner Consent Decree and the United States Department of Justice Consent Decree <p>State:</p> <ul style="list-style-type: none">Iowa Code, Chapters 222 and 135CIowa Administrative Code, 441 IAC 28 and 30 and 481 IAC 50, 52, and 64.															